

# BREAKFAST MENU

## LAKELAND BAKE CRUMPET

With jam and butter £2.25 - **OR** -  
Warm maple syrup, almonds, banana and  
sultanas £5.00

## LOCAL SKYR YOGHURT

With home-made granola and seasonal  
fruit compôte £4.50

## PAIN AU CHOCOLATE

£2

## ARTISAN BREAD OR TOAST

with jam and butter ask for  
today's options £2 **v**

## PORRIDGE

With either syrup & sultanas - **OR** -  
our seasonal compote. £3 **v**

## CROISSANT

with jam and butter £2

## RHEGED'S CUMBRIAN BREAKFASTS

### EGGS BENEDICT

Two poached, free-range eggs on More?  
Artisan bakery toast with ham hock from  
our local pig network and home made  
hollandaise. £6.50 **gfa**

### EGGS FLORENTINE

Two poached, free-range eggs on More?  
Artisan bakery toast with wilted spinach  
and home-made hollandaise. £6 **v** **gfa**

### FULL BREAKFAST

Bacon, Cumberland sausage from our  
butchery, Doreen's famous black pudding,  
Haggis, breakfast potatoes, slow-roast  
tomato, herby mushrooms, home-made  
baked beans and your choice of egg +toast  
£9.50

### VEGETARIAN BREAKFAST

Free range egg, homemade baked beans,  
grilled halloumi, slow roast tomato, herby  
mushrooms, breakfast potatoes, roasted  
peppers. £9.00 **v** **gfa**

### VEGAN BREAKFAST

Homemade baked beans on toasted focaccia,  
breakfast potatoes, herby mushrooms,  
slow roast tomato, roasted peppers, vegan  
sausage £7.50 **v** **gfa**

### LIGHTER BREAKFAST

Your choice of three breakfast items,  
plus toast £5 (**gf** **v** available)

### EGGS & AVOCADO

Two poached free range eggs on toasted  
sourdough bread with crushed avocado  
£6.50 **gfa**

### EGGS ON TOAST

Eggs your way £4 **v** **gfa**

### BREAKFAST ROLL

Two breakfast items £4.50 **gfa**

### BACON OR SAUSAGE ROLL

£4.50 **gfa**

Add an egg 75p

**ALLERGY ADVICE** Many of our dishes can be tailored to suit dietary  
requirements - please speak to a member of our team.

**gfa** Gluten Free Available **gf** Gluten Free **v** Vegetarian **v** Vegan